



# Wai Thai

**THAI MASSAGE, SPA TREATMENT**

Price List









## TRADITIONAL THAI MASSAGE

Thai Massage is compared with «passive yoga» for the sense of deep relaxation and flexibility in the entire body. Each session gives a feeling of bliss and strengthens health: discharges waste matter from the body, normalizes digestion, corrects posture, mitigates fatigue and relieves tension.



60 mins – 2 150 RUR

90 mins – 3 100 RUR

120 mins – 4 000 RUR

## TRADITIONAL FOUR HAND THAI MASSAGE



Two simultaneous sessions of Thai massage mean work of two massage therapists. The therapists gently compress and stretch all groups of muscles. Four hand massage effectively relieves tension, and tiredness and stress are substituted by energy and great mood.

60 mins – 4 300 RUR

90 mins – 6 200 RUR

120 mins – 8 000 RUR

## MASSAGE OF NECK AND COLLAR ZONE

From the very first minutes the neck and collar zone massage relieves painful discomfort caused by sedentarily lifestyle. Massage improves blood circulation, relieves headache, normalizes sleep-wake rhythm, improves mental activity, tones the body and enhances mood.



30 mins – 1 400 RUR

60 mins – 2 200 RUR



**FOOT MASSAGE**

When thoroughly massaging the muscles of the shin and feet, pressing each toe, the massage therapist affects different zones of tension. The state of the entire body is being stabilized through the foot reflexology zones. Traditionally foot massage is given by hands and with wooden sticks.



30 mins – 1 400 RUR

60 mins – 2 200 RUR

ONLY IN WAI THAI!

**TIREDDNESS ATTACK™**



Increased influence on the foot and neck zone will allow even an exhausted worker to get rid of tension and stress quickly. Affecting the fatigue zones – feet, and the neck and collar zone, a session of this massage unites in itself a healing effect of both procedures and also restores body energy.

60 mins – 2 150 RUR

90 mins – 3 100 RUR

120 mins – 4 000 RUR

**LIFE ENERGY**

Life Energy is Thai massage of the entire body combined with foot massage. Thai massage will give your body a feeling of relaxation and easiness, and work with feet massaged separately will bring you a lot of pleasure and will make the relaxing effect stronger. Life Energy massage will help to release physical and emotional tension quickly and for a long period of time.



90 mins – 3 100 RUR

120 mins – 4 000 RUR



## THAI AROMA OIL MASSAGE

Under the influence of aroma oil used by the massage therapist when rubbing the body, you will forget about all worries and feel heavenly pleasure. Natural high quality ingredients are used in this massage technique, and Thai oil is being selected individually for each client.



60 mins – 2 600 RUR

90 mins – 3 800 RUR

120 mins – 4 800 RUR

## HEAVENLY PLEASURE



Massage with hot oil given by two therapists does give the greatest pleasure. The treatment allows the body to relieve tiredness very quickly, warm oils relax muscles and smoothen the skin, and their splendid odors leave no room for stresses or worries. Thanks to intensive massage given by two massage therapists, tone of body and feeling of well being will return to you quickly.

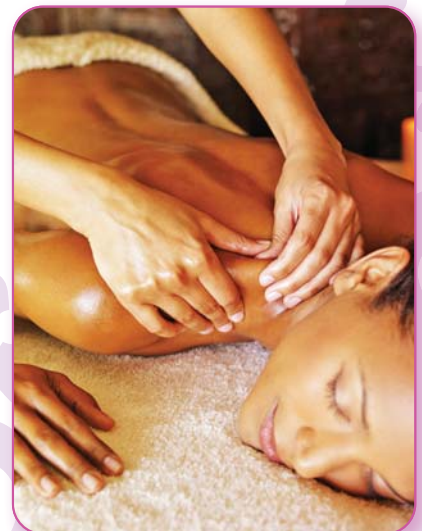
60 mins – 5 200 RUR

90 mins – 7 600 RUR

120 mins – 9 700 RUR

## AROMA MASSAGE WITH CREAM

Massage with aromatic crème moisturizes and nourishes the tired skin. Being relaxed in the hands of the massage therapist, your body is splendidly absorbing useful elements of creams. Aroma massage increases resistance functions and makes a rejuvenating effect on the entire body.



60 mins – 2 600 RUR

90 mins – 3 800 RUR

120 mins – 4 800 RUR





## HOT STONE MASSAGE

Even a single massage would fill your body with life energy, dissolving any tension. Special breed stones give warmth away softly to particular parts of the body, giving strong relaxing effect to entire organism. Because of harmonious energy distribution metabolism accelerates, immunity grows stronger. Also stone massage is an effective “gymnastics” for vessels.



60 mins – 2 700 RUR

90 mins – 3 900 RUR

120 mins – 4 900 RUR

## SLIMMING MASSAGE



Slimming Massage is an excellent solution on the way towards body shaping. Slimming massage with an extract of Chili pepper stimulates metabolic processes, helps to get rid of centimeters in the problem zones and makes the body shaped and slim. The effect of the treatment becomes vivid after the third session, and a course of ten sessions is recommended to fix the result.

60 mins – 2 850 RUR

90 mins – 4 300 RUR

120 mins – 5 600 RUR

## THAI MASSAGE WITH HOT HERBAL BAGS

The body's active zones are being massaged with warmed herbs, which improves blood circulation and increases muscle tone. Thai herbs have a good skin-penetrating effect. The massage has a deeply relaxing, warming and healing effect, quickly restores the body after a disease, stresses and physical burdens.



60 mins – 2 700 RUR

90 mins – 3 900 RUR

120 mins – 4 900 RUR

## THAI MIX MASSAGE

Oil massage combined with massage of neck and collar zone or feet at the client's choice, will help to relieve tension affecting the most vulnerable parts of the body. The massage will not leave a single trace of tiredness, it will give a sense of easiness in the body and the aroma oils will raise the spirit.



90 mins – 3 800 RUR

120 mins – 4 800 RUR

ONLY IN WAI THAI!

## SPORTSMAN'S SECRET™



Traditional Thai massage combined with hot herbal bags massage relieves muscle pain and makes a relaxing effect. The process of restoring is quick and painless, and the body becomes more flexible and resistant.

90 mins – 3 800 RUR

120 mins – 4 800 RUR

ONLY IN WAI THAI!

## THAI HAPPYNESS™

A combination of traditional Thai massage and aroma oil massage. This treatment will allow you to understand the charm of Thai massage from the first time. Being totally different in the technique and effect, these massages perfectly complement one another. You will desire to feel the pleasure again and again.



120 mins – 4 600 RUR





## TROPICAL DREAM



This treatment is an apotheosis of bliss for sensitive people. A combination of oil massage and hot herbal begs massage is smoothly relaxing the body and nourishing it with healthy elements. Shrouded by odors of Thai herbs and oils and being deeply relaxed, you will forget all the troubles and will become utterly absorbed in the peaceful bliss reminding of a pleasant dream.

120 mins – 4 600 RUR



## A STEP TOWARDS PERFECTION



This treatment is for those who want to combine practical use and body pleasure in one massage. Intensive correcting slimming massage of the problem zones is changed by smoothing and relaxing massage with the usage of precious nutritional oils. The treatment makes the skin look healthy and shiny relieving your body of excess weight.

120 mins – 5 300 RUR



## FACE AND HEAD MASSAGE



Delicate relaxing massage relieves face muscles of tension, improves skin oxygenation, and prevents wrinkles from appearing. During the massage you will feel unforgettable pleasure, and when it finishes you will be looking shiny and cheerful and will be in a great mood.

30 mins – 1 600 RUR

60 mins – 2 600 RUR





**MARAKOTT**



**CHOOSE YOUR OWN  
MARAKOTT  
SPA TREATMENT**





WINE SYMPHONY



«Wine Symphony» is a luxurious complex of facial and body skin care rejuvenating treatment. Biologically active extracts and oils tone the skin, contribute to the regeneration of cells, make the skin fresh and elastic.

STEPS OF SPA SKIN CARE:

- Thai Herbal Steam Room / Shower
- Body gel scrub with grape pits
  - Nutritious body wrap
- Rejuvenating facial spa treatment
- Oil body massage with «Eastern Tea» cream
  - Ginger Tea

120 mins – 5 600 RUR



TRADITIONS OF THE EAST



Full complex of face and body relaxing skin care. Herbal steam room relaxes muscles, allows to cleanse the skin effectively, and nutritious body wrap and oil massage give pleasure and nourish it with useful substances.

STEPS OF SPA SKIN CARE:

- Thai Herbal Steam Room/ Shower
- Gentle Body Scrub with apricot pits
  - Nutritious body wrap
- Moisturizing facial spa treatment
  - Body oil massage with «Coconut / Aloe» cream
  - Ginger Tea

120 mins – 5 600 RUR



ONLY IN WAI THAI!

CHOCOLATE MAGIC™



This complex treatment for body and face contributes to deep cleansing, nourishing and rejuvenating of the skin. Its relaxing effect combined with aroma therapy gives tremendous pleasure.

STEPS OF SPA SKIN CARE:

- Thai Herbal Steam Room / Shower
- Chocolate Body Scrub with apricot pits
- Chocolate body wrap modeling the figure
  - Body oil massage with refreshing oil
  - Ginger Tea

120 mins – 5 600 RUR









## THAI HERBAL STEAM ROOM

This is perfect preparation of body for massage. Combination of warmth, steam and herbs inside special canvas improves the functioning of cardiovascular system and respiratory passages, cleans the skin, eliminates tension and destresses. Steam room guaranties complete elaboration of muscles by massager because of their relaxation and warming. Warm, aromatic herbal steam fortifies immunity and boosts life force and mood.

30 mins – 600 RUR

## FACIAL SPA SKIN CARE «RADIANCE OF YOUTH»

Facial skin care treatment that includes leansing and massage given with nutritious cream, gets rid of toxins, nourishes the skin and smoothes wrinkles. The skin care uses «Jasmine» or «Wine» cosmetic line at your choice.

### STEPS OF SPA SKIN CARE:

- Gentle facial scrub
- Facial massage with cream
- Facial mask
- Head massage
- Ginger tea



60 mins – 2 850 RUR

ONLY IN WAI THAI!

## SIAM TREASURES™



Complex treatment for deep cleansing, detoxification and relaxation of the body. Herbal steam room and salt scrub are changed by massage that gives indescribable pleasure, smoothes the skin and has rejuvenating effect.

### STEPS OF SPA SKIN CARE:

- Thai Herbal Steam Room / Shower
- Salt Body Scrub with Indian sesame and curcuma
- Body Oil Massage with aroma «Traditional Thailand»
- Ginger Tea

90 mins – 4 600 RUR

## DELICATE SCRUB PEELING «RENEWAL»

It is a complex skin care treatment. Herbal steam room and gentle scrub peeling carefully cleanse the skin which improves blood circulation. Usage of the aromatic lotion makes the skin look fresh and silky.

### STEPS OF SPA SKIN CARE:

- Thai Herbal Steam Room / Shower
- Salt Body Scrub with sesame and curcum
- Lotion at your choice: Coconut/Aloe, Mangosteen / Tamarind, Eastern Tea, Mango / Pandan, Soybean / Honey, Lemongrass / Rice, Wine
- Ginger Tea

30 mins – 1 600 RUR

60 mins – 2 700 RUR









## SPA-CARE «COFFEE WITH CREAM»

Freshly prepared coffee scrub works gently with top layer of epidermis, fully renewing and moisturizing it. Coffee has modeling effect – because of high caffeine content it improves blood flow, removes slags, gives effect of lifting. After scrubbing body wrap with natural 20% without conservants cream is applied.

### STEPS OF SPA-CARE:

- Thai herbal steam room/ shower
- Body scrub with freshly grounded and made coffee
  - Moisturizing wrap with fresh cream
    - Relaxing head massage
- Oil-massage of body with coconut milk
  - Ginger tea

120 mins – 5 600 RUR



## SPA-CARE «YOGURT AND OAT POWDER FOR YOUNG SKIN»



This SPA-care is perfect both for young and very sensitive skin. Oat powder-scrub and milk yogurt, the gentlest ingredients, will make your skin clean, smooth and fill with nutrient materials.

### STEPS OF SPA-CARE:

- Thai herbal steam room/ shower
  - Oat powder body scrub
- Moisturizing wrap with fresh yogurt
  - Relaxing head massage
- Oil-massage of body with almond oil
  - Ginger tea

120 mins – 5 600 RUR

## SPA-CARE «SEA-BREEZE FOR MEN»

Natural sea salt is reach in natrium, magnesium and other minerals which maintain water balance. According to your choice we offer powder body wrap with kelp and sea oak – sea kelp which moisturize with maximum effectiveness, lift skin and top layer of epidermis puffiness or wine body wrap «anti-age» with the extract of grape seeds from «Marakott».

### STEPS OF SPA-CARE:

- Thai herbal steam room/shower
- Sea salt body scrub
- Body wrap with kelp and sea oak/ wine body wrap on you choice
- Relaxing head massage
- Oil-massage of body with almond oil
  - Ginger tea

120 mins – 5 600 RUR



## «FRUIT AND YOGHURT PLEASURE» SPA

Soft cosmetic fruit yoghurt with mango extract, papaya extract and pineapple extract activate microcirculation and derive toxins. Shea oil, jojoba oil, avocado oil and coconut oil provide long lasting skin moisturizing and nourishment, make skin shining and smooth, improving its structure and effectively reducing «cottage cheese».

Try fruit and yoghurt pleasure!

### STEPS OF SPA-CARE:

- Piling with «Orange» scrub
- «Fruit and yoghurt pleasure» moisturizing wrap
  - Head massage
  - Rejuvenescent facial spa
- Relaxing body oil-massage with «Sweet love» oil
  - Ginger tea

120 mins – 5 600 RUR



## «HONEY AND RASPBERRY» SPA



Honey and raspberry will fill your skin with vitamins, nutrient substances and biogenic stimulants, giving elasticity and energy of youth to it. Spa rejuvenates, nourishes and moisturizes skin, releases from stretch marks, sagginess and observed cellulite. Wrap has an incredible fragrance of berries, warmth and summer!

### STEPS OF SPA-CARE:

- Piling with «Honey and almond» scrub
- «Honey and raspberry» moisturizing wrap
  - Head massage
  - Rejuvenescent facial spa
- Relaxing body oil-massage with «Sweet love» oil
  - Ginger tea

120 mins – 5 600 RUR



## «MANGO KING» SPA

Program for a deep skin moisturizing and cleaning. Rich and bright mango fragrance will accompany you for the whole time and will bring you an incredible bliss. Professional cosmetic line «Mango» by Marakott will make your skin unbelievably soft and velvet. The program ends up with a massage session with a wonderful «Mango» oil. This program is perfect for those who love aroma of exotic fruits and miss sunny Thailand.

### STEPS OF SPA-CARE:

- Thai herb steam room /shower
  - «Mango» body scrub
- Body oil massage with «Mango king» oil
  - Ginger tea

90 mins – 4 600 RUR



## STONE`S POWER



Cleansing and moisturizing bodycare, completed by energy of hot stone. It provides metabolism and regulate vegetative nervous system , activate endocrine and immune system.

### STEPS OF SPA SKIN CARE:

- Shower/sauna
- Mineral and salt body scrub with the essential oils
  - Massage with hot stones
  - Tea with ginger and limon

120 mins – 5 500 RUR



FIGURE  
CORRECTION  
«MARA KOTT»





## SLIMMING MESSAGES AND WRAPS

### SEA MAGIC

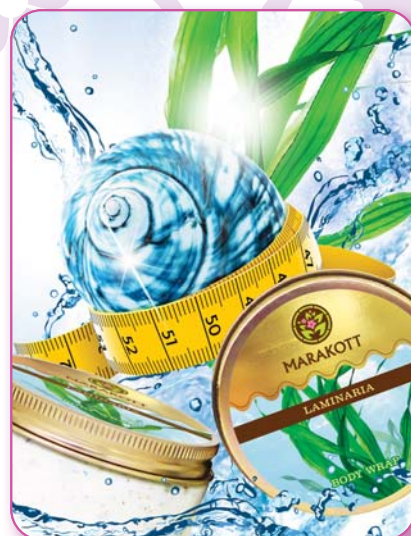
White earth and Laminaria body wrap provides excellent detoxication, intensive lifting, sets up and rejuvenate the skin, and the most important, reduces the volume of the body.

#### STEPS OF SPA-CARE:

- Mineral sea salt body scrub - 20 minutes
- Body wrap with white earth and Laminaria - 40 minutes
  - Facial BIO-mask with kelp
  - Relaxing head massage
- 1-hour lymph drainage massage
  - Ginger tea

120 mins – 5 600 RUR

Course of 10 sessions – 44 000 RUR



### SLIM-MASSAGE WITH COOLING EFFECT



There are unforgivable feeling of menthol flavor and guaranteed result, also modeling effect, lifted skin and reducing of body volume. You will fill incredible surge of life force, energy and lightness! The effect of the procedure appears after third procedure.

60 mins – 2 850 RUR

90 mins – 4 300 RUR

120 mins – 5 600 RUR

### ALGINATE BODY WRAP WITH LAMINARIA

It is slim figure, lifted skin, getting rid of cellulite without plastic surgery. Thalassotherapy cleans skin perfectly, makes it smooth and reduces puffiness.

#### STEPS OF SPA-CARE:

- Buffing with mineral salt «Laminaria and sea oak» – 20 minutes
  - Body wrap with Laminaria – 40 minutes
    - Facial BIO-mask with Laminaria
    - Relaxing head massage
  - 1-hour lymph drainage massage
    - Ginger tea

120 mins – 5 600 RUR

Course of 10 sessions – 44 000 RUR



To fix the results and to correct weight we would advise to pass this procedure 10 times.







## «SAINT VALENTINE» SPA

The best present for Valentine's day or a romantic date! Three hours spent in heaven and sweet aroma of fruits and berries will cheer up you and your couple! Spa for two nourishes skin, rejuvenates, moisturizes and makes it look healthy and cared-for.

### FOR HIM:

- Hamam /shower/ Thai herb steam room
- «Orange» scrub
- «Fruit and yoghurt pleasure» moisturizing wrap
- Head massage during wrap
- Feet massage
- Relaxing and aromatic body oil-massage with «Sweet love» oil
- Tea ceremony

### FOR HER:

- Hamam /shower/ Thai herb steam room
- «Honey and almond» scrub
- «Honey and raspberry» moisturizing wrap
- Head massage during wrap
- «Grape» facial spa
- Relaxing and aromatic body oil-massage with «Sweet love» oil
- Tea ceremony

3 hrs – 16 000 RUR



## «SWEET LOVE» SPA PROGRAM



Get wrapped in a world of «Sweet love» with notes of romance and relax. Relaxing oil-massage will give you a perfect opportunity to dip down to harmony of soul and body. Sensual atmosphere of love, happy moments of serenity and joy spent together – what can be better for a couple in love...

### FOR HIM AND FOR HER:

- Hamam /shower/ Thai herb steam room
- «Honey and almond» scrub
- Relaxing and aromatic body oil-massage with «Sweet love» oil
- Tea ceremony

2 hrs 30 mins – 8 000 RUR

## «MANGO TANGO» SPA

Slides of juicy Thai mango is our compliment to you if you chose this program! Professional cosmetic line «Mango» by Marakott will make your skin unbelievably velvet and moisturized. The program ends up with a massage session with a wonderful «Mango» oil. This program is perfect for those who love aroma of exotic fruits and miss sunny Thailand.

### FOR HIM AND FOR HER:

- Hamam /shower/ Thai herb steam room
- «Mango King» piling scrub
- Relaxing and aromatic body oil-massage with «Mango King» oil
- Tea ceremony

3 hrs – 13 000 RUR




**YIN-YANG**


The program helps pare to dive into sensitive, relaxing atmosphere and to live the moments of happiness, serenity and joy together. It is original present for memorable date of dating, anniversary or a simple possibility to please your mate.

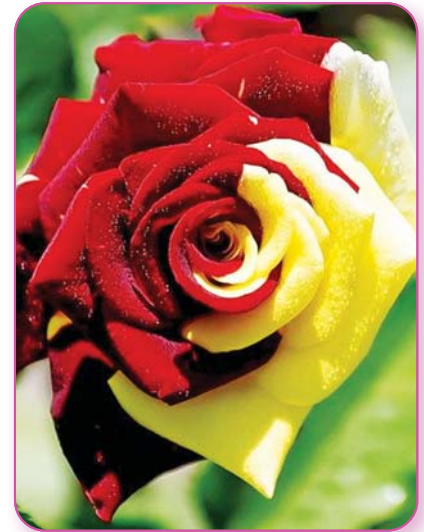
**FOR HIM:**

- Shower
- Traditional Thai massage – 2 hours

**FOR HER:**

- Thai herbal steam room
- Oil-massage with nutrient oil on you choice – 2 hours

2 hrs 30 mins – 8 800 RUR



**HARMONY**



It's the perfect present for lovers, and chance to dive into bliss, entering into feeling of harmony and peacefulness together. This pleasure both physical and mental is the feast of the body and soul.

**FOR HIM:**

- Thai herbal steam room
- Entire body buffing (scrub is on your choice) – 30 minutes
- «Thai happiness» – combination of traditional massage with aroma oil-massage – 1 hour 30 minutes
- Food massage

**FOR HER:**

- Shower • Food SPA-care (bath with coconut oil, scrub, footstep massage) – 30 minutes
- Aroma oil-massage with oil or cream on your choice – 1 hour
- Complex face care: massage, mask, nutrient cream – 1 hour

3 hrs – 13 000 RUR





## CHOCOLATE ROMANTIC

Try new feelings with your beloved! Spend your time in romantic setting filled with Oriental fragrance with candles, pleasant music and skillful touches of Thai professionals.

### FOR HIM AND FOR HER:

- Thai herbal steam room (him) / shower (her)
- Chocolate entire body buffing – 30 minutes
  - Figure modeling chocolate body wrap coupled with head massage – 30 minutes
- Aroma body massage with special cream «Soy and honey» – 1 hour
  - Complex face care: relaxing face massage, moisturizing mask, nutrient cream – 1 hour

3 hrs 30 mins – 16 000 RUR



## PARADISE FOR TWO



Allow yourself the luxury of being together and enjoy exiting spa-cares. Possibly, it is a perfect chance to reveal your tender feelings and to pamper your beloved? Vivid memories will stay with you for a long time.

### FOR HIM AND FOR HER:

- Thai herbal steam room (him) / shower (her)
- Entire body buffing (scrub on your choice) – 30 minutes
  - Figure modeling chocolate body wrap coupled with head massage – 30 minutes
- Hot herbal bag massage – 1 hour 30 minutes

3 hrs – 13 000 RUR



All programs end with tea party with traditional Thai recipes.







## BALINESE MASSAGE

Balinese massage has particular effect of relaxation which is reached with the help of the palm and wrist touches and methods of acupuncture. Balinese professional performs the massage without oil or with aroma oil on your desire.



## LOMI-LOMI



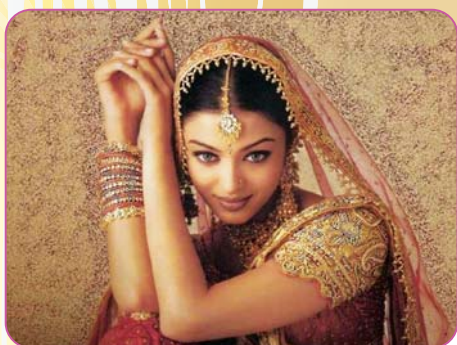
Hawaiian massage Lomi-Lomi liberates a person from negative emotions perfectly, helping the body to release all acquired during the day fatigue, to relax the muscles of entire body. During massage the master uses his phalanges and fingertips, knees, palms, forearms and elbows.

## SHIATSU

Japanese massage Shiatsu is translated as «finger pressure». The Shiatsu technique undermines rhythmic pressing with finger or other parts of palm needed spot, and it's very popular around the world. Session of Shiatsu massage presents enforcement of life forces, cleans thoughts, and opens new possibilities of Your body.



## AYURVEDIC MASSAGE



Ayurvedic means «life science». This is the Indian natural healing system. Ayurvedic massage stimulates circulation of blood and intensifies flow of energy. Due to that body actively gets off the toxins, it will be light and flexible, especially in joints. Highly recommended if done by two massagists.

60 mins – 2 600 RUR

90 mins – 3 800 RUR

120 mins – 4 800 RUR







## SUBSCRIPTION TICKETS

❖ PASSES TO THAI MASSAGE AND SPA – SAVE MORE!

We glad to see You as our permanent guest and offer excellent prices and special offers for card holders.  
You can purchase 4 types of pass.



PASS TO MASSAGE AND SPA-PROCEDURE  
WITH DISCOUNT IN 10%.  
**17 000 RUBLES.**  
Valid for 6 month.



PASS TO MASSAGE AND SPA-PROCEDURE  
WITH DISCOUNT IN 20%.  
**25 000 RUBLES.**  
Valid for 6 month.



PASS «GOOD MORNING» WITH DISCOUNT  
IN 25%, FROM 10 A.M. UNTIL 4 P.M.  
**35 000 RUBLES.**  
Valid for 6 month.



PASS «GOLDEN» WITH  
DISCOUNT IN 30%.  
**100 000 RUBLES.**  
Valid for 1 year.

### GENERAL RULES FOR THE USE OF SUBSCRIPTION TICKETS IN THE WAI THAI SALONS:

- The subscription ticket valid only in selected salon Wai Thai.
- You can use subscription tickets for visit Wai Thai as yourself, with your family or friends – we are glad to see you with loved ones, so your own discounts applies to them!
- The markdown, receivable by subscription ticket, is pointed at the face side of the card.

### PRIVILEGES OF USING SUBSCRIPTION TICKETS DISCOUNT SYSTEM:

- Priority booking at most convenient time
- The opportunity to invite friends and acquaintances
- Making an appointment to your favorite master
- Special offers for subscription tickets owners
- Save money



*Our client – is the most long-awaited  
and welcome guest of Wai Tai!*

*We sincerely believe that You will appreciate or at least feel  
the result of lots of details which we bring to life to make  
Your staying as comfortable as possible: administrator's  
smile, ginger tea, fragile fragrances, hot shower, fresh  
sheets, the mystery of massage, the ringing of the bell  
pointing the beginning of the massage, soft light, soft  
touches of hands, professionalism and delicacy of our  
professionals. And after: unchangeable lightness, desire  
to live and to breathe deep, and finally, it – Your smile!  
Thank You, our precious clients!!*

*Sincerely Yours, Wai Tai!*



**WWW.WAITHAISPA.RU**

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The prices are in rubles.*